

ST. MARK'S SR. SEC. PUBLIC SCHOOL, MEERA BAGH
CLASS - XII (2024 - 2025)
SYLLABUS

FOOD NUTRITION AND DIETETICS

PERIODIC TEST - 1

- Chapter 1 - Therapeutic Nutrition
- Chapter 2 - Therapeutic Diets
- Chapter 3 - Nutrition and Infection

MID TERM EXAMINATION

- Chapter 4 - Methods of Cooking
- Chapter 5 - Fever (Acute & Chronic)
- Chapter 6 - Diarrhoea
- **(+ entire syllabus of PT-1)**

PERIODIC TEST - 3

- Chapter 7 - Eating Disorders
- Chapter 8 - Over Weight/ Obesity
- Chapter 9 - Hypertension

FINAL TERM EXAMINATION

- UNIT 1 - Clinical and Therapeutic Nutrition
- UNIT 2 - Diet in Health and Disease-i
- UNIT 3 - Diet in Health and Disease-ii
- UNIT 4 - Food Safety and Quality Control