



Workshops and Seminars

SELF DEFENCE WORKSHOP

Life is unpredictable and uncertain. Many people have an 'invincibility' myth that nothing bad will ever happen to them. This line of thought can be very dangerous, if not deadly. To ensure the safety of the students, our school recently organised a seven day Self-Defence Workshop. The workshop was conducted by the Delhi Police from 29 December 2013 to 4 February 2013. The Delhi Police motivated the young women of our school to be courageous and defend themselves. Three students of our school- Shubhangi Jatav, Ustat Kaur and Ankita Baluja were given special appreciation for their efforts and were rewarded with certificates by the Delhi Police. The basic self-defence training gave the students the ability to fight back in any dangerous situation along with instilling self confidence in them.



Learning tricks of self defence.



Our students making an endeavour to learn aero dynamics.

AEROMODELLING WORKSHOP

Peagle in association with IIT –Delhi , BAJA Club was pleased to introduce experimental learning based science activities in the school. An interesting session related to aero-modeling and robotics was organised in the school auditorium. Classes VI-VIII got the opportunity to attend the workshop. Representatives of Peagle showed them various models of aeroplanes, helicopters, robots, etc. They informed the students about the "Young Pilot Course" meant for young children. Aeromodelling is a hobby for the design, fabrication and flying of scaled aircraft. The students were informed about the aeromodelling kits they would be provided if they opted for the course. The representatives there showed the students an aeroplane model and also discussed about its various parts. They also described their uses in detail. One of the students operated a robot. The students were given a boomerang made by the Peagle members. It was a wonderful and exciting day for all.

PAPER QUILLING WORKSHOP

'Creativity is allowing yourself to make mistakes and art is knowing which ones to keep'. Our school in association with NIE organised a Paper Quilling Workshop for the students of class VIII. Zina Arora from NIE conducted the workshop. It is a well known saying that- 'He who works with his hands is a labourer. He who works with his hands and his head is a craftsman. He who works with his hands and his head and his heart is an artist'. During this one hour workshop the students used their hands, head and heart, and learnt to make flowers and other patterns using paper quilling technique. They displayed their creativity and imagination. The students found the activity very interesting and enjoyed it a lot.



Our students exhibiting their work after the workshop.



THEATRE IN EDUCATION



A scene from 'Can't Pay? Won't Pay!!'.

"Good teaching is one fourth preparation and three fourth theatre." This quote very well justifies the existence of theatre groups like ATELIER. The Atelier Theatre Group recently organised a play in our school to give the students' mind, body and soul a creative treat. A play titled ' Can't Pay? Won't Pay!! ' was performed by the students of SGTB Khalsa College. Dario Fo's adapted play ' Can't Pay? Won't Pay!! ' is a satire which talks about the present day scenario and throws light on the adverse economic conditions that a lower middle class family has to go through. It was a workshop for the budding actors of our school to learn theatre and confidently express themselves on stage. Sensitivity, concern, self reliance, integrity, adaptability and creativity were precisely the targets this programme focussed on.

CAREER COUNSELLING WORKSHOP

Career is one of the most important endeavours in a student's life. To help them choose a bright career, the school organised a Career Counselling Workshop for the students of class 10 on the 23 of January 2014.

Eminent Career Counsellor, Mr. Raj Kumar Chauhan, from Focus Group of Education guided our students in choosing the right stream and also the various career options available in their respective streams.

The students were benefitted from the interactive workshop.



Our students listening to the counsel of Mr. Raj Kumar Chauhan.

TAT-O CHIPS

A workshop for classes I to V was held on February 21, 2014 sponsored by Tat-O Chips. The students had a blast as they participated in quiz time. A volley of questions based on their favourite cartoon character Chhota Bheem and some mathematical brain teasers kept the students' adrenaline rushing. Two teams of students participated in the games organised by the sponsors and the winners were awarded prizes.

The students had a gala time during the workshop.



BRIDGING THE GAP –A STEP AHEAD



Video Conferencing session in action.

On 11 February 2014, the school organized a video conference for the students of classes IX and X with the students of the English Society of Nayang Girls High School, Singapore. The conference conducted as a part of a cultural exchange programme, aimed at imparting knowledge to the students about a different culture thereby focussing on the amalgamation of thoughts, views, and perceptions of students from both the schools to create a world of perfection. Moreover, the students of Nayang English Society reviewed the English novel 'A Passage To India' by E. M. Forster. The students had healthy discussions and overall it was a great experience for the students of both the schools.

GUEST LECTURE BY MR. SUDHANSHU BAJAJ

An interactive Session on Physics was held on 19 February, 2014 at our school for X class students on Physics, where Mr. Sudhanshu Bajaj, Director of Scholar's Academy, conducted a class on the topic 'Light'. Mr. Sudhanshu Bajaj is a B. Tech. in Computer Science Engineering from IIT, Delhi with 99.9%ile in CAT 2003.

He, with his different perceptions about education, propagated his idea of learning concepts instead of cramming theories with closed minds. He explained the basic concepts from which the main formulae or theories of physics are taught to students in classrooms. Students got enhanced by his motivational teaching skills and his own perception of enjoying studying by going into the depth of the concepts. Students of X enjoyed his class and understood his lecture with a great insight.



Paying attention to the concepts taught by Mr Bajaj.

TETRA PACKS



Our students collecting tetra packs for a safe and eco friendly environment.

It's important to us that used cartons are disposed of responsibly. Our school also realizes its importance and thus decided to initiate in collecting all used tetra packs for recycling them. Through this initiative, the students of our school have learnt the importance to dispose off used cartons. Used cartons can also be incinerated and the energy recovered can be used to generate heat and electricity. Instead of sending it to landfills, our school has recycled tetra pack cartons to make eco-friendly recycled products. The students of our school collected many tetra packs. Till date, tetra pack cartons are also used to make school desks, chairs and benches. These are donated to schools, contributing to community development.







SCARF MAKING WORKSHOP

HT Pace organized a 'Scarf Making Workshop' for classes IV and V on 24th January in school on the eve of Republic Day. Students were asked to make tri colour scarves using white cloth and Hobby Ideas acrylic colours. Students actively and enthusiastically participated in the activity. The main idea behind conducting this activity was to imbibe the spirit of patriotism, oneness and national integration.



Scarf making workshop in progress.



Our students having fun at the camp.

ADVENTURE CAMP



Our young adventurers undergoing daring feats.

An adventure camp was held in the school for classes IV and V which was organised by Rocksports Group. The day started with fun filled activities like Flying Fox, Commando Net followed by a healthy breakfast. The students went on enjoying activities such as Wall Climbing, Burma Bridge, Zorbing, etc. The children relished the delicious lunch. Post lunch, our students enjoyed an exciting magic show and danced to the latest bollywood numbers. The students were served high tea. The students went back home with a memorable experience, they will cherish throughout their lives.

Trips and Visits

VISIT TO THE ZOO

Toddlers of the St. Mark's family had the pleasure of enjoying the warmth of the sun on a zoo safari, a perfect outing for our Saplings on the 8th of March 2014. They had fun watching the lions, tigers, leopards feasting on flesh; bears munching on goodies; parakeets chirping and singing; rhinos basking in the sun. The sight of a white duck swimming on the smooth surface of clean water was a wonderful delight. It was a fun filled day which was truly mesmerizing. The children were happy to see all those animals with their own eyes about whom they read in books. This excursion was one of the school's intrinsic way of imparting learning. The memory of the visit still fills the little cherubims with thrill and excitement.



Amazed to see an wild animals in front of their eyes, the students enjoy their day.



TRIP TO ADVENTURE ISLAND

The students of classes 5 and 6 went on a fun-filled trip to Adventure Island, Rohini on 5 February 2014 and the students of class IV went there on 17 February. Their memorable day started by watching a Magic Acrobatic Dance Show. The students enjoyed the beautiful acrobatics, dancing and a breathtaking Magic Show. The students spent the first half of their day enjoying various rides like Z force, Splash Dunk, Octopus, Space Rider etc. After they filled their tummies with a healthy lunch, they danced their hearts out on the latest Bollywood numbers. The students had a wonderful time.



A day out with friends brings cheerful memories forever.

VISIT TO NATIONAL CRAFTS MUSEUM

The students of class X of our school visited the National Crafts Museum on 18 December 2013. This visit was organised by NIE. The Crafts Museum is a repository and a celebration of the handmade. At the museum, the students were educated that making by hand continues to be a fundamental activity across India, and the abundant and diverse craft traditions have produced myriad objects of exceptional skill and beauty. The Crafts Museum houses some of the finest of these. Through this visit, the students got to learn about the rich craft heritage of the country. They also witnessed a fabulous tribal dance based on folklore that is embedded in our rich craft heritage. Moreover, they even got a chance to buy a few things at the stalls put up by people from various states across the country. The visit was a wonderful experience, leaving the students yearning for more.



Our students posing with the tribal dancers.

VISIT TO PRATAPGARH FARMS

"The bow cannot always stand bent, nor can human frailty subsist without some lawful recreation." Truly, every individual requires and deserves some sort of recreation to take a break from the everyday monotonous routine and breathe in some fresh air. All work and no play makes Jack a dull boy while entertainment and amusement breaks humans free from the tensions, work commitments and other things and helps them appreciate life and live it to the fullest. Keeping the same in mind, our school recently organized excursions for its students. Classes VII to IX and X to XI visited the Pratapgarh Farms on 5 February 2014 and 7 February 2014 respectively. This farm is an ethnic village and eco-tourism farm in true rural setting. The unique experience of a rural Indian village came alive



for the students at this holiday village through its ethnic mud huts, serene pond, lively cattle barns and various fun filled activities like archery, sling shot, dart shooting, air gun shooting, camel ride, etc. The students also thoroughly relished the taste of local cuisines which were served and returned home with smiles on their faces and memories that they would cherish forever.



Enjoying the surroundings of the village, our students get a break from their studies.

VISIT TO A RECYCLING UNIT

Our school always encourages its students to participate in activities related to conservation of environment such as recycling of waste paper, making paper bags from old newspapers and getting creative with all kinds of waste products. A visit was organized for the students of class XI working in the AEC Global Project 'Recycle and Reuse' as well as for the Eco Club representatives of classes IX and X to TARA Machines and Tech Services Pvt. Ltd. at Ghitorni, Gurgaon on 3 January 2014.

There, the students learnt various new techniques of converting 'Waste to Wealth'. Under the guidance of Mr. Suvankar Bose, the students learnt the technique of recycling tetra packs that pollute the environment and also saw the process of manufacturing bricks from fly ash, a waste generated in thermal power plants. They were shown new developments in the field of science such as solar heaters and conventional housing methods. This visit made the students aware of the perils that tetra packs pose to the environment, so that they can do their bit to save it.



Our students at TARA Machines and Tech Services plants at Ghitorni.



A NATURE TRAIL TO ARAVALLI BIODIVERSITY PARK

"Look deep into nature, and then you will understand everything better."

Some students of class VIII along with their teacher incharges, Ms. Anjali Handa and Ms. Shruti Sharma visited the Aravalli Biodiversity Park on 13 March 2014. This park is a flourishing green area and is best for nature lovers, adventure seekers and fun lovers. The students gained knowledge about various types of flora and fauna. This man-made forest gave everyone a glimpse of our rare wildlife. Children were made aware of many medicinal plants and their uses. They saw many rare species and were enlightened about some interesting facts regarding the same. The children even spotted out the skin of a snake on a tree, shed during moulting. The enthusiastic students were busy exploring nature throughout the day and were encouraged by their teachers and guides to do so. In this park, one can easily take short detours towards the horizontal boundaries where small pockets of wetlands make up for some good bird watching. In the end the students were shown an impressive movie on the wildlife of Aravalli Biodiversity Park. Overall, this visit was quite enriching, informative and interesting.



Our students being informed by a resource person at Aravalli Biodiversity Park.

VISIT TO RED FORT

As said by Saint Augustine, "The world is a book and those who do not travel read only a page."

On 22 February 2014, the students of class IX and X of our school visited the Red Fort in Delhi. The students belonging to various AEC projects like 'Let's Travel and Explore', 'Eco Heroes', 'Magic World Tour' and 'UNESCO Village' were exposed to this splendid UNESCO heritage site. They visited the fort along with their teachers, Ms. Anjali Handa and Ms. Arpita Dutta.

The Red Fort is an iconic symbol of Indian heritage. On Independence Day, the Prime Minister hoists the national flag at the main gate of the fort every year and delivers a nationally-broadcast speech from its ramparts. It was a golden opportunity for the students to learn about their rich heritage. It was a very informative and educational trip.



Remembering the bygone Mughal era, the students of our school pose for a picture perfect.



VISIT TO SANSKRITI KENDRA



Our students who made an attempt to appreciate the history of India.

'The achievements of ancient cultures tend to be woefully unappreciated. But the technologies of times past were nothing to sneer at, and some of their accomplishments make ours seem slightly embarrassing.'

In today's world, we constantly hear about deterioration of cultural values. Our culture is our backbone, which is at stake now. To teach our students to value our culture, our school organised a trip to Sanskriti Kendra for class X on 21 December 2013. It helped the students to commemorate the glorious history and culture of India. The students visited the Museums of Everyday Art, Indian Terracotta and Textiles that are a conduit for the preservation and presentation of indigenous heritage, craftsmanship, aesthetic functionality and cultural practices. The practical and innovative objects on display exemplified the exuberant imagination and aesthetic creativity of craftspeople from all times all over India. The students learnt many new things apart from having an exuberant time.

PICNIC TO FUN'N FOOD VILLAGE

As the saying goes 'All work and no play makes Jill a dull girl', so our school decided to enliven the lives of our little Jills of Seedling and Sapling by taking them on a day out to Fun n Food Village. The students of classes I to III also went for a picnic at Fun'n Food Village. It was a wonderful picnic as our little princesses enjoyed themselves and were thrilled to take unlimited rides on their favourite swings like Sun and Moon, Caterpillar Train, Boat ride, Peacock Train, Merry Go Round, Water Queen, etc. They all had lunch with their friends and teachers. They danced merrily and also won prizes. It was truly a fun -filled trip. As they came back, they were excited and eager to share their wonderful experiences with everyone.



Our little Jills at Fun'N Food Village.

OUR ITALIAN FRIENDS



Counseling classroom across the globe.

ITALIAN DELEGATES AT SCHOOL

A nine member student delegation from Istituto Statale "MARCO BELLI", Portogruaro, Italy visited our school on 23rd January 2014. The students accompanied by their teacher Dr. Milly Paladin were taken on a tour of the school by our global coordinators, Ms. Handa and Ms. Vaneet. They attended a Paper Recycling Workshop, trying hands on recycling waste paper. The student delegation also attended a Maths class with students of class XI of our school. There were healthy discussions on their culture, lifestyle and the education system. They enjoyed the Indian cuisine and appreciated the Indian hospitality shown.