#### ST. MARK'S GIRLS SENIOR SECONDARY SCHOOL MEERA BAGH, NEW DELHI-110087

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#### FROM THE EDITOR'S DESK...

"All that is gold does not glitter, Not all those who wander are lost."

Picture yourself as a wanderer, meandering through life to find its meaning, and to see through the shallow layers of deception that lie like a veil, while underneath hide the simple laws of truth that few recognize but all build their lives upon. Mahavira, Socrates, John Locke and Buddha composed of these wanderers, who embraced new ideas with open minds and looked for new explanations for this phenomenon that we call life.Life is a continual battle; one's success, failure, happiness, or sorrow depends upon one's knowledge and tactics of this battle.Life can feel like a roller-coaster ride but climb into the front seat, throw your arms in the air, and enjoy the ride! There's no getting away from the fact that life is full of ups and downs, as well

as twists and turns...but success depends on how we choose to approach the ride.The strongest trees in the forest aren't those which are most protected but those which have struggled against the elements and have survived against the odds.

# DAKSH

Our school held its Annual Function 'DAKSH' on 3 December 2013. 'Daksh' stands for perfection and accomplishment, and the show that was put forth by the students was truly spell binding - leaving the audience that comprised of parents and dignitaries yearning for more. Dance is the hidden language of the soul. Without music and dance, life would be a mistake. This is the reason why the performances at Daksh were purely musical. The school's Founder Chairperson, Mr T P Aggarwal;



Presenting an amalgam of our rich heritage are the students of our school during 'Daksh'.

the Chairperson Ms Anjali Aggarwal and the Manager of the school, Mr Rahul Aggarwal, graced the

To know more about us, you can log on to our Facebook page SMGS Meera Bagh.



occasion. The first performance was a shadow dance- a rare dance form- on our National Song 'Vande Matram'. Next in row was a thought provoking dance on the theme –'Save the Girl Child'. Other dances performed at the Annual Function included a Santhali dance , an Indo –Western contemporary Mirror dance and a Chinese Ribbon dance. Harmonious blends of the tribal dances of India and Africa , and that of Salsa and the folk dance of the Baul Tribe were a visual treat. The serene Statue dance and Sufi dance lifted one's spirit and created an aura of positivity around all present. The school's choir too entertained the audience with stimulating performances that made them groove to their music. The beginning of the function stimulated one's senses and by the exodus, the audience was completely captivated. At the end , the item showcased by the students was 'Tridhara' which gave the audience a glimpse of the various dance forms across our country such as Manipuri, Kathak, Mohiniyattam and Kathakali that are a reflection of the traditional India. The show was simply food for one's soul and proved that music and dance are two realms which have no boundaries.

#### CHRISTMAS CELEBRATIONS

The school wore a festive look and celebrated Christmas week as a joyous affair. It was celebrated from 21 to 24 December. To spread the Christmas cheer, parties were organised for the students of classes Seedling to VI. The school ground was filled with students who were in a party mood. It was a colourful spectacle to see the students dancing with their teachers. The Vice Principal of the school, Ms Shergill and the Junior Educational Supervisor, Ms Sumbul, celebrated with the kids and made them play games like 'Run to the Symbol' and 'Passing the Parcel '. Continuing the magic of Christmas, an incredible Magic Show was organised for the students. The kids were in complete awe of the magician's performance and craved for more. Just when the kids were infused with the enthralling festive spirit, Santa made his grand entry with sweets and presents. Students received gifts from Santa and got lots of pictures clicked with him. The uncontained delight of the students on meeting their favourite hero, Santa Claus, was a treat for the eyes.



Our little fledgelings enjoying Christmas with Santa Claus.

# REPUBLIC DAY

26 January – a date no Indian can forget, a day for every Indian to walk with their heads held high, a day which fills our hearts with pride and dignity but at the same time reminds us of the agony that our freedom fighters had to bear to build a free democratic nation. The transition of India from a British colony to a sovereign, secular and democratic nation was indeed historical and our school celebrated this phenomenal enforcement of the Indian Constitution on 24 January 2014. To mark



With faces painted in tri colour, our students show their love for their motherland through a dance performance.



65 years of our Republic India, our Principal, Ms. Sheena Kalenga hoisted the national flag of India, symbolizing liberty. Any festivity, be it cultural or patriotic is incomplete without our feet tapping to the beats of music. So, with a jubilant heart the children of classes IV and V gave a zestful dance perfomance on this day. The choir group also paid their tribute to mother India , casting forth their melody which engrossed the audience with their melodious voice. To conclude the programme, our Principal, Ms. Sheena Kalenga gave a dynamic speech inculcating values of self-esteem and freedom in children and expressing her pride as a citizen of India.

# CITATION CEREMONY

Clouded by a river of vivid emotions and torrential memories, our school bade farewell to the class XII on 30 January2014. The closure of the most important phase of the life of the students was marked by a presentation and a medley of songs presented by the students of class XI. The citation ceremony witnessed the giving away of the mementoes to the students as a token of love and remembrance. Students of the outgoing batch and their parents poured out their overwhelmed heart. The school Principal, Ms. Sheena Kalenga, released this flock of birds with multi hued feathers into the vast world of career, competition and family life with a hope that they reach the zenith.



Class XIIB







Class XIIA

# ACTIVITIES AND COMPETITIONS

#### SCHOLAR'S ZONAL OLYMPIAD

Our students of Class VII to X who had excelled in the Scholar's Zonal Olympiad 2013-2014 were felicitated by our Ex-IPS Officer, Dr. Kiran Bedi at the Pearey Lal Auditorium, New Delhi on 7 January 2014. The school was awarded with a silver trophy for excellence. It was a moment of pride for the school to see its girls excel and be felicitated by such honourable people of our society.

Winners

Oishee Roy IXB Ankita Luthra XC Jasleen Kaur XC Drishti Jain XC



Our school representatives who attended the environment awareness programme.



The winners of Scholar's Zonal Olympiad.

#### GENESIS PROGRAMME

The students of our school participated in Genesis- A New Beginning held on 7 February 2014 at St. Mark's Sr. Sec. Public School, Janak Puri. The programme was in collaboration with the Japan International Society and included competitions like Documentary and PowerPoint Making. Damini Yadav and Deeksha Madan of Class IX and Kajal Gupta and Sanjana of VIII standard attended the event. The assembly comprised of a total of 16 schools and 140 students. The gathering was honoured by Mr. Anant Kumar, Chief Engineer NDMC, Mr. Himanshu Malhotra, a renowned director, Mr. K Sitaraman, Mr. T P Aggarwal, Mrs. Anjali Aggarwal, Mr. R K Jaiswal and Mr. T P S Oberoi. Our students gave their competitors a hard chase. Overall, it was a good exposure for the students of our school.



#### THINK AND LEARN CHALLENGE



Our Principal Ms Sheena Kalenga, with the winner of Think and Learn Challenge.

Today's students are capable of reaching new heights and measuring the unfathomable. If they can conceive it and believe it, they can achieve it. In order to test the aptitude of our brilliant young minds, NIE in association with BYJUS Academy conducted a 'Think and Learn Challenge' to identify the aptitude wizards of Delhi. The students of classes VIII to X of our school participated in this mathematical and scientific challenge with zeal and fervour. Drishti Jain of class X C of our school made us proud by exhibiting her extraordinary skills and winning the school round as well as a Samsung Galaxy Tab3. A record 11,000 students from over 300 schools in Delhi and the NCR were selected to participate in the city round held at the Indira Gandhi Indoor Stadium. The city round started with an inspiring speech by Mr. Biju Raveendran. This was followed by an interactive workshop to discuss career options, examinations, emerging trends, etc. The workshop was really encouraging and compelled the students to think and learn, rather than just rote-learning the concepts.

#### CMS VATAVARAN

Jim Fowler had very well said ," The continued existence of wildlife and wilderness is important for the quality of life of humans." Keeping this in mind , the 'Wildlife Trust of India' organized various events for school students in the Young Champions Lawn, IGNCA under the title 'CMS VATAVARAN'. The Eco-Club members of our school along with other students attended these events held on 1 February 2014. The event started with the screening of two movies, namely 'To The Rescue' and 'Under One Sky' which focussed on the need to conserve wildlife. It was followed by an Art Competition titled 'ANIMAL PRINTS' in which the students were given the liberty to draw anything related to wildlife. An educational clip on elephants and birds was screened next which was followed by a power-point presentation on snakes by a member of the Wildlife Trust of India. A panel discussion on the issue 'Tiger Tourism in India' was conducted in which enthusiastic and active participation of our school students was witnessed. The day turned out to be very informative for the students and ended on a pleasant note.



Our ecofriendly student putting forth her ideas in a group discussion.



Our Eco club members who attended CMS Vatavaran.



## SPELL- VOCAB CHALLENGER

"Vocabulary words are the building blocks of the internal learning structure. Vocabulary is also the tool to better define a problem, seek more accurate solutions, etc."

Activities are as delightful as learning new vocabulary. Keeping this objective in mind, the school organised the Spell-Vocab Challenger, which is a unique contest to judge the vocabulary of students. The students enthusiastically participated in stage one of the contest. Khushbu Wadhwa of class VIII A and Tanya Bhatia of class XI C emerged as the winners of the Round I Test and represented the school in the Zonal Round of the contest. It was a proud moment for the school when Tanya Bhatia, after some mind boggling rounds of the quiz, emerged as the zonal winner in the Senior Category.



Winners of Spell-Vocab Challenger (Round 1)

#### LIFE MEDIA CLUB

For the months of December-January, the Life Media Club members made videos on the topic "Delhi Elections 2013". The videos focussed on showcasing the entire cover story in a sequential manner. All topics including the details of the contesting candidates, the results and the after election incidents were shown in the video. The students researched and worked hard to make the videos. In some videos, people were interviewed and asked about their opinions. The activity ended on a pleasant note as all student members enthusiastically participated in it.

To watch the videos log on to www.saintmarksschool.com

#### MANAVSTHALI MATHS TALENT EXAM

"The true spirit of delight, the exaltation, the sense of being more than man, which is the touchstone of the highest excellence, is to be found in Mathematics." Dig down deep into anything and you'll find Maths. It is literally everywhere. Young minds love Maths and die to dig deep into its enthralling mysteries and quench their thirst. Keeping the same in mind, Manav Sthali school organized its annual Maths Talent Exam on 25 January 2014. Students from reputed schools all over Delhi took part in this prestigious event. Students of classes VI to XII of our school participated in this event enthusiastically and displayed their extraordinary mathematical skills.

# ON THE SPOT PAINTING COMPETITION AT RAMJAS SCHOOL

Art is the most intense mode of individualism that the world has known. Art isn't supposed to look nice, it is supposed to make you feel something. It is a way of expressing a thousand emotions with just one picture and transforming a white, dull canvas into a piece of art that one would cherish forever.

Our budding painters recently exhibited their unique talent in an Inter School On-the-Spot Painting Competition held at Ramjas School in RK Puram. 71 students took part in this prestigious annual event. They painted enthusiastically and beautifully on the topics given to them. They thoroughly enjoyed themselves, and their paintings seemed to be poetry in motion and were a feast for the eyes.

#### MOCK FIRE DRILL

Safety is as simple as ABC - Always Be Careful. Being prepared and cautious is the first step to disaster mitigation. Keeping the same in mind, a mock fire and evacuation drill involving students and teachers was conducted on 12 February 2014 in our school to create awareness among the students about the ways to respond swiftly in times of such emergency situations. Prior to the commencement of the exercise, the students were allotted various staircases from where they needed to exit during the drill. The evacuation operation began moments after the fire alarm was rung. The students were immediately evacuated from their classrooms and asked to gather outside the building. This drill taught the students how to react in case of such emergencies and help others as well.

#### Dec 13 - March 14



## BHARATNATYAM PERFORMANCE

"Dance is the hidden language of the soul." It was a moment of great pride for the school when our school's talented student of class X-C, Hemanshi Arora, performed a full fledged solo Bharatnatyam dance performance. This Bharatnatyam performance was held at Azad Bhawan Auditorium, Indian Council for Cultural Relations (ICCR) on 8 December 2013. This auspicious occasion was graced by the school's Principal, Ms. Sheena Kalenga as the Chief Guest.

The programme started by the lighting of the lamp by the Chief Guest. Hemanshi performed with live music for more than two hours. This performance was greatly appreciated by all. She learns this fine old classical dance form under the able guidance of her Guru, Smt. Usha Rao, who is the founder of "Nritya Abhinaya" a dance institution. Hemanshi holds a senior diploma in Bharatnatyam. In her Arangetram, she performed the whole margam of this fine art which consisted of 8 items. Everyone was spellbound by her extraordinary eye catching performance. She connected with everyone through her dance.

### 'COLOR SPLASH'- PAINTING COMPETITION AT G D GOENKA, PASCHIM VIHAR



Hemanshi of XC giving her live performance in her Arangetram

Painting is one of the best ways to depict one's emotions and feelings. G.D Goenka Public School, Paschim Vihar in association with the Times of India conducted a Painting Competition, 'Colour Splash' on 13 December 2013.



Tina Goel of XIA

Different schools of Delhi participated in the event. Twenty five students of our school participated in the event. Students in different categories- Junior, Middle and



Tina's work that was applauded.

Senior were given varied topics ranging from 'My Home' to 'Incredible India'. Our students tried to present their vision using paints and brushes. They also got to see and appreciate the art work of the students of other schools. Tina Goel of our school bagged the first prize in the senior category and brought great laurels to the school.



Muskan Ahuja

# TIMES NIE STUDENT OF THE YEAR

In its endeavor to facilitate overall development of students and to acknowledge their talent, Times NIE recently conducted a Student of the Year Competition in our school. Three students from our school participated in this mega event. They filled questionnaires which tested their skills, knowledge and other qualities like leadership and team spirit. In the end, Muskan Ahuja of class X C was awarded with the title. She was given a trophy, a certificate and a prize money of Rs 1000, and was appreciated for her talent and enthusiasm.



#### GOONJ CONTRIBUTIONS

"Nothing brings more happiness than trying to help the vulnerable in society"

The holy place of Odisha was recently ripped apart and washed away by Phailin, the cyclone that struck Odisha and caused great devastation, leaving thousands of people homeless. Without any provisions in the biting cold, the natives of this abode suffered deeply. Our school's Eco-club, Kesholoy, took an initiative and lent a helping hand to the victims through Goonj - an NGO on 27 December 2013 by providing them with warm clothes that will help them overcome the grievous time.



With love serve one and all.

# OUR CARING SAMARITANS



Helping each other for a charitable cause.

When we give cheerfully and accept gratefully, everyone is blessed. With this vision, some of our students of classes IX and X visited the Jeevan Jyoti Home for disabled the children on February 15, 2014. Run by the Missionaries of Charity, the institute is a part of Nirmal Hriday Bhawan, an organization founded by Mother Teresa in 1950.

The home was established to care for disabled children, taking pains from feeding them to educating them. Our students and teachers generously made their contributions of bed sheets, blankets and diaper packs to the institute, learning from them the joy of caring for others.

#### SPIC MACAY - CONCERTS NORWAY

"Music expresses that which cannot be put into words and that which cannot remain silent". Under the aegis of Spic Macay, our school organized a special programme to celebrate the spirit of music. 'Concerts Norway' headed by Karl Seglem aims at making live music of high artistic quality, emphasizes on musical diversity, innovation and cooperation. The Karl Seglem Acoustic Quartet performed infront of the students and teachers and everyone was left yearning for more by their scintillating and inspiring performance. This perfect quartet included Karl Seglem, Andreas Ulvo, Sigurd Hole and Jonas Howden Sjoevaag. This breathtaking and enlightening musical performance again reminded us of the famous saying - "Music produces a kind of pleasure which human nature cannot do without."



Musicians from Norway, casting a spell on the audience of our school.



#### **BOOK WEEK**

Books are proclaimed as the best companions one can ever have. Our school celebrated the spirit of joyous learning and reading by organizing a Book Week from December 23 to December 27, 2013. The main idea behind this was to develop a literary bent of mind in every child by engaging them in some fun literary activities. A pot-pourri of activities like Mask Making, Twist in a Fairy Tale, My Super Girl, Calligram Writing, Rebus Puzzle, Twitter Review, Haiku, etc. were held for classes I to XI. This week was a deviation from the typical concepts as it enabled all the children to dabble with their imagination rather than compelling them to learn. Our little Shakespeares, Miltons and Keats set out to make a mark for themselves. The Book Week was a successful attempt to bring out the latent talent in every child.



Our zealous students busy with their activities.

#### WINNERS OF BOOK WEEK ACTIVITIES JUNIOR WING

CLASS I (MASK MAKING)		CLASS II (PICTURE D	CLASS II (PICTURE DICTIONARY)		CLASS III (TWIST IN A FAIRY TALE)			
I SAHAJ	ΙB	I JAPSIFAT	IIB	I	DHANEE BAWA	IIIB		
II DEVIN	A IE	II DRISHTI	II B	H	HARLEEN KAUR	III C		
III TAKSH	ITA I D	III PURVA GAUR	ΠE	111	SAVAGYA DUBEY	III B		
		SPECIAL CHHHAVI	IIA					

CLASSIV (IVIT SUPER GIRL)								
I I	TANYA SONI	IV A						
Ш	MANSI	IV A						
111	DEVANSHI SINGH	IVD						

CLASS V (DIAMOND POEM)	)
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1	HARJAS KAUR	VC
П	VEDANGANA	VΕ
Ш	SUNIDHI PAREEK	VΑ

#### RESULTS OF BOOK WEEK (SENIORS)

VISTD CALLIGRAM WRITING			VII STD MY FAVOURITE CHARACTER			VIII STD REBUS PUZZLE MAKING			
T	SANSKRITI	VIA	T	RITIKA SINGH	VIIA	I.	AASHI CHANDELA	VIIIC	
Ш	HARVEEN	VIA	П	BHARTI	VIIB	Ш	TITHI RATHEE	VIIIC	
111	HRISHITA SHARMA	VIA		SHRUTI GUPTA	VIIB	111	VIDUSHI GUPTA	VIIIA	

IX <sup>-</sup>	TWITTER REVIEW		X STD THINKING COLOURS				XI STD HAIKU WRITING		
1	DAMINI YADAV	IX B	INTRODUCTION	I	KAMALPREET	ΧА	I I	RADHA	XIA
Ш	VIDUSHI SHARMA	IXC	POSITIVE	Т	<b>DIVANSHI BHOLA</b>	ΧA	П	GAURANSHI	XIB
Ш	DEEKSHA MADAN	IX B	NEGATIVE	Т	DRISHTI JAIN	ХС	111	SUKRITI MALIK	XIC
			CONCLUSION	Т	PRIYAL SOBTI	ХС			



#### NAVRAS

They say, "Dance communicates man's deepest, highest and most true spiritual thoughts and emotions far better than words, spoken or written." The junior students of SMGS presented 'Navras', the expressions of life on the 7th of March 2014. These nine rasas ranging from laughter and anger to devotion are felt globally, unrestricted to any culture, country or tribe. The junior wings of our school attempted to create these emotions with all their varieties.

Class I students tickled everybody's funny bone and made them smile with their performance on Hasya Rasa. Their performance on Vatsalya rasa filled everybody with affection and love for kids.

Students of class III made us check the sad reality of children living a sad life of poverty, slogging hard to make the two ends meet. Their performance on Karuna Rasa filled everybody with compassion and gave out the message of true freedom for children. Shringara means love and beauty. The performance on Shringara Rasa evoked myriad of emotions including jealousy, compassion, romance and love. Anger of Mother Nature and its five elements was seen in the dance by the students of class IV who performed the Raudra Rasa. Little girls of class II took us all into a magical world with their depiction of Adhbhuta Rasa. Fear was invoked all around when class V students presented their performance of Bhayanaka Rasa. Following this came the performance of Veer Rasa. It gave us a glimpse of girl power, their will and courage to combat everything wrong and stand tall. Culminating all the rasas into one is the Shanta Rasa, and class V girls filled the atmosphere with calmness and serenity with their performance on Shanta Rasa. The audience was enthralled after their musical journey into the world of emotions and soul.

After the performances our Chairman, Mr T. P Aggarwal, Chairperson, Ms Anjali Aggarwal, Principal, Ms Sheena Kalenga and Vice Principal, Ms Shergill, felicitated the students with awards on the basis of their year-round performance.



Dressed as butterflies, our blooming buds giving a power packed performance.



Our students presenting Vatsalya Rasa.



Presenting a foot tapping dance are the students of Class III.



A Still from Adhbhuta Rasa.



2

An outstanding dance performance to show the condition of earth.



Exhibiting Vatsalya Rasa.



Our beautiful damsels with colourful Hoola Hoops.



A snapshot of Vatsalya Rasa.



A glimpse of Hasya Rasa.

Our fairies from fairy land.



Showing the plight of the earth are the students of class IV.





Showing Krishna Leela in Shringara Rasa.



Showing scary Vampires in Bhayanaka Rasa.



The angst of Fire.



Showcasing the water as an element are the students of class IV



Shanta Rasa presented through a Chinese dancer.



Vibrant performance by our young dancers.



Hasya Rasa - spreading smiles across faces.